



Technical Guide

Round 3: Kiltiernan

Sunday 17th November 2019

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Welcome to Specialized Ireland Supercross Cup

Events are run entirely by club members of Team WORC and their small but dedicated team of helpers. There's a lot to do to make the event a success. Please read the following document for your safety and the benefit of the organisers. Thank you and enjoy the day.

Registration

Round 3 registration opens on line up to two weeks before each event on the Supercross Cup Facebook page: "[Specialized](#) Ireland Supercross Cup". Event Registration usually closes two days before the event. Only underage riders and Ladies can register and pay on the day for their races.

Senior riders (excluding senior A) can buy a one day licence at the registration tent if they do not have a C.I. racing licence. One day licences cost €15 for seniors and are subsidised for the underage riders.

Race Fees

Category	Individual Online	Series Entry (all four rounds)
Underage (U6-U12)	5euro (with licence)	n/a
Underage (U14 & U16)	10euro	n/a
Junior	10 euro	n/a
Senior B	25 euro (with 2019 Licence)	90
Women	25 euro (with 2019 Licence)	90
Senior A ¹	25 euro (2019 Licence only)	90
One Day Licence ²	15 euro	n/a

Note: Your cyclocross racing age is determined as of December 31, 2019.

¹ No one day licences accepted for Senior A riders, A riders must have C.I. licence

² Senior B and Ladies riders without a C.I. licence will need to buy a one day licence

Race Day Sign-On

Registration/Race sign-on will take place at the Specialized tent, starting from 9.00am. Sign on closes 30 minutes before the A race starts.

Please bring your 2019 cycling Ireland licence. This must be presented at sign on before taking your number. Should you be purchasing a one day licence or an underage race entry please bring the correct change with you as change may not be available.

Underage riders must be accompanied by a parent or legal guardian to sign them on. You may only sign on for your own entry and may not pick up someone else's number.

Race Numbers

Your number will remain the same for the four races in the series. Please retain your number for future rounds.

At Round 3 the number must be worn on the shoulder, which side depends on lap direction and will be advised at registration.

Timing Chips

The Velcro strap timing band can be worn on either ankle and must be returned at the end of the race.

Parking

Please park only in designated parking areas and do not park on the main entrance roadway or grass verges. We ask you to avoid driving on the pitch areas not in use as parking areas. Please follow the marshal's instructions at all times.

Team Area Parking

At Round 3 we ask that all vehicles park in the official car parking areas.

Race organisers, sponsors and authorised food vendors only will be permitted to park at the race venue sign on/start/finish area.

The Course

The organisers ask that the course be treated as off limits until race day. This is in order to ensure continued access to the venue for future events.

The course will be taped out on the day of the event and is usually between 6 and 8 minutes a lap in length (for the winner of the A race).

Kiltiernan features a triple hump, run up steps, forested sections of single track and power straights of grassiness.

Pit Lane

Pits will run in both directions. There are no bike wash facilities available at Kiltiernan. Riders must supply their own bike washing equipment. Pits are for support personnel and spare equipment only. Spectators are asked to leave the pits during races.

Equipment Drop Off

For security do not leave any equipment unattended in the technical pits.

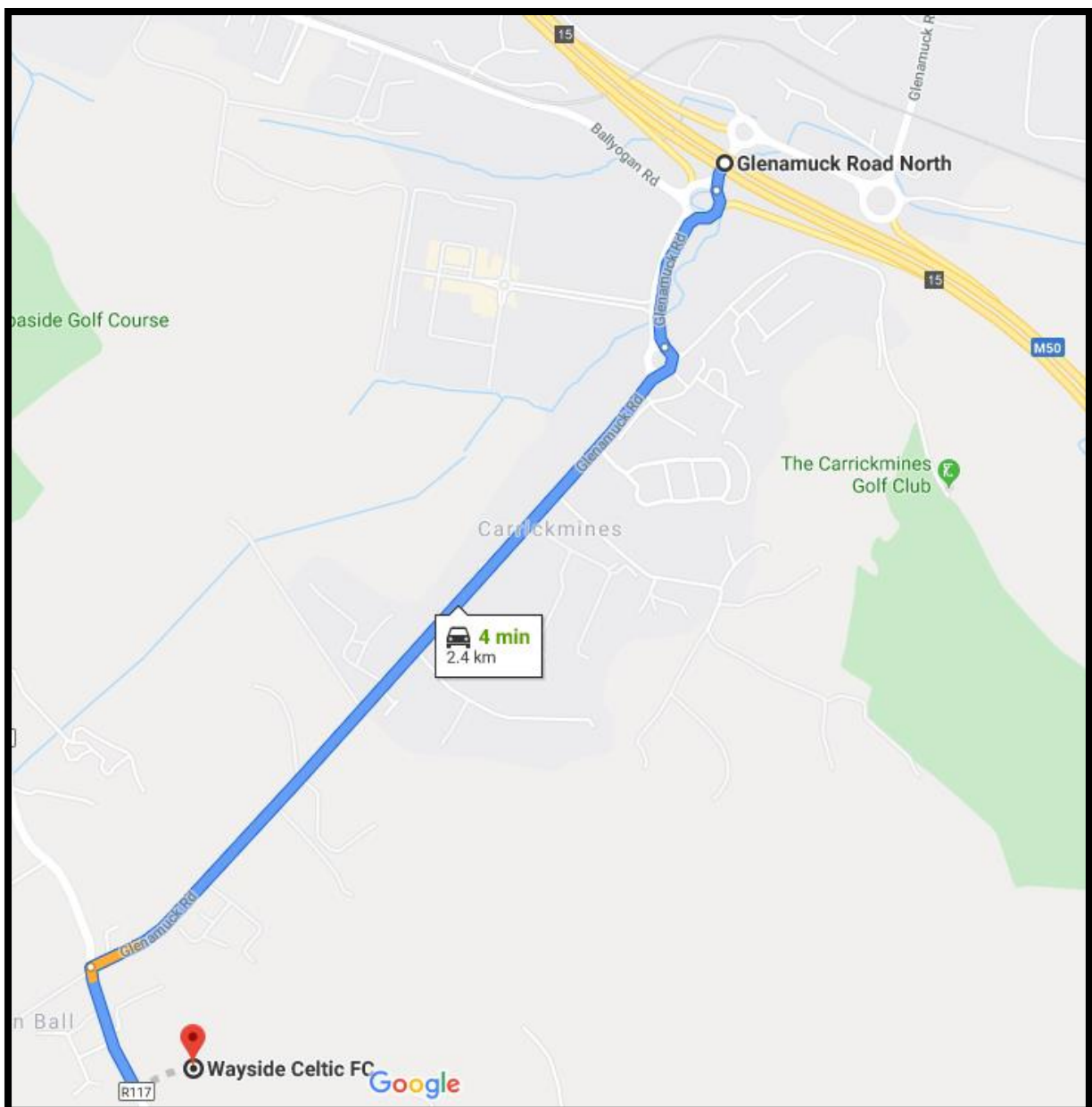
All equipment is left at owners own risk.

Please be aware of other course users at all times when moving equipment to the pits.

Race Venue

Kiltiernan is approached by car from junction 15, M50. Exit the motorway in the direction of Glenamuck road through two roundabouts. Continue along Glenamuck road to T junction. Turn left onto R117. Venue is on your left after 100m.

Google Map link: <https://goo.gl/maps/sCxYSXbSjmKyoh4W8> or type in “Wayside Celtic FC” into google maps.



Race Date and Schedule

The race will take place on Sunday the 17th of November 2019. Sign on will open at 9:00am and closes 30 minutes before the start of the last race. You must be signed on and wearing a helmet to practice on the course – you may be disqualified if you ride the course without a helmet.

Under no circumstances should riders be on the main course during races they are not entered in, practice times are only between races. Infringements may result in disqualification.

Race Schedule

Time	Event	Race Length
09:00	Sign on Opens	
09:45	U6 race – medals for all racers, dedicated course	5 minutes
09:55	U8 race – medals for all racers, dedicated course	5 minutes
10:00	U10, U12, U14 race – modified version of main course	10 minutes
10:30	U10,12, 14 prize giving, top 3 boys and girls	15 minutes
10:35	Main Course Practice, with minor restrictions	
11:15	Call up : Ladies, U16 girls	
11:30	Ladies Race, U16 girls Start	Ladies 45 minutes 30 minutes U16 girls
12:20	Prize giving for Ladies, U16	
12:20	Call up : B race, U16 boys	
12:30	B race, U16 boys start	50 minutes for B 30 minutes U16 boys
13:25	Prize Giving for B race, U16	
13:35	Call up : A race	
13:45	A race start	60 minutes
15:00	Prize giving	
15:30	Event closes	

Awards

Award ceremonies will be held within 5-30 minutes of the end of the applicable event. All protests must be made within this time frame after which time all results are FINAL.

Points for the Series

All riders who finish a race will receive points towards their series total. Your series total is the sum of your race points from the 4 races. The breakdown of the points awarded is shown below. Every finisher gets points. The B race winner on the day gets upgraded.

Place	Points	Place	Points
1st	60	31st	20
2nd	55	32nd	19
3rd	51	33rd	18
4th	48	34th	17
5th	46	35th	16
6th	45	36th	15
7th	44	37th	14
8th	43	38th	13
9th	42	39th	12
10th	41	40th	11
11th	40	41st	10
12th	39	42nd	9
13th	38	43rd	8
14th	37	44th	7
15th	36	45th	6
16th	35	46th	5
17th	34	47th	4
18th	33	48th	3
19th	32	49th	2
20th	31	50th	1
21st	30	51st	1
22nd	29	52nd	1
23rd	28	53rd	1
24th	27	54th	1
25th	26	55th	1
26th	25	56th	1
27th	24	57th	1
28th	23	58th	1
29th	22	59th	1
30th	21	60th +	1

Gridding at Kiltarnan

Gridding for round 3 is based upon the results of round 1 and 2 combined. The top 20 riders will be gridded. The winner of the previous B races are promoted to the A race for the remainder of the series.

Gridded riders will be called 10 minutes prior to the start. Please observe at least 20 metres gap from the start line to allow riders to take their allotted grid placings.

Once called move quickly to your grid position. In the event you miss your call-up you will start with the ungridded riders.

Round 3 Grids

Specialized Supercross Cup : Grids for Round 3, 16th November 2019									
Grid	B Race	Grid	U 16 M	Grid	U 16 F	Grid	Ladies	Grid	A Race
1	John McGettigan	1	Adam Gilsehan	1	Annie Roche	1	Lisa Stapelbroek	1	Paul O'Reilly
2	Gabriel Blanco	2	Conal Scully	2	Katie Reilly	1	Niamh Mckiverigan	2	Robin Seymour
3	Allen Slevin	3	Ruairi Byrne	3	Emma Smith	3	Stephanie Roche	3	Lee Harvey
3	Philip Hayden	4	Finn Harris	4	Ellen Murray	4	Arron Fox	4	Tim O Regan
5	Howie Miller	5	Cian Lenehan			5	Joanna Bula	5	Adam McGarr
6	Nick Lannoote	6	Callum Byrne	Grid	Juniors	6	Sally McHugh	6	Gavin O'Connell
7	Noel Conway	7	Andrew Kelly	1	Dean Harvey	7	Beata Golczak	7	Kevin Keane
7	Cormac Keogh	8	Cillian O'Shea	2	Dylan Hayes	8	Niamh Stephens	8	Eoin Ahern
9	Peter Gaffney	9	Calum Connolly	3	Ruairi Coghlan	9	Eve Furlong	9	John Doris
10	Eoin Stephens	10	Christopher Marshall	4	David McCarthy	10	Laura Banfield	9	EVan Ryan
11	Jason Howick	11	Chris Marshal	5	Eoin Hassett	11	Julie Egan	11	Dean Harvey
11	Lukasz Oleksiewicz					12	Gillian Carthy	12	CRAIG REA
11	Michael O'Reilly					13	Caroline Storey	13	Aaron ODonohue
14	Sean Ward					14	Maeve O'Grady	13	Alan Cody
15	Joe Jones					14	Caoimhe May	15	Peter O'Farrell
16	Fergus Craddock					16	Leah Mc Carthy	16	Paidi O'Brien
17	marcin wrobel					17	Mary Dawson	17	Sean Nolan
18	Jim Fitzgerald					18	Natalie Grieve	18	Frank McDermott
19	Robert Reidy					19	Lorraine Byrne	19	Richard Maes
20	Stuart Cox					20	Natalie Grieve	20	Brian Melia
	The Previous Winners of the B race are promoted to the A race							20	Dominick Hegarty
The organisers reserve the right to grid additional riders									

Should I ride the A or the B race?

If you are coming in the top end in the B race you will have no difficulty in competing in the A race and are encouraged to enter the A race.

Pulling of Riders

Generally, riders will be allowed to be lapped and will finish on the same lap as the race leader and placed appropriately.

Equipment

Only bikes described in the UCI Equipment section as “Cyclo Cross bikes” may be used in the CX men's B' race, CX women's race or CX men's A' race. The use of radio links or other remote means of communication with riders is forbidden. The use of tyres fitted with metal spikes or screws is not permitted. Bar plugs are compulsory. Bicycles shall be propelled solely through a chain set, by the legs moving in a circular movement, without electric or other assistance.

It is compulsory to wear a protective helmet when racing or training on the course and such helmet must comply with the required safety standards.

All riders shall, when racing, wear a jersey with sleeves and a pair of shorts, possibly in the form of a one piece. By shorts it is understood that these come above the knees. Jerseys without sleeves shall be forbidden. It is also forbidden to wear non-essential items of clothing other than where weather conditions make them appropriate for the safety or health and safety of the rider.

Technical Rules

The Cycling Ireland website has a list of the current rules at the following link;

<http://www.cyclingireland.ie/page/events/technical-rules3/technical-rules>

Note: The organisers reserve the right to make changes on the day due to circumstances.