



Technical Guide

Race 2 – Tymon Park

Sunday 6th October 2019

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Welcome to Specialized Ireland Supercross Cup

Event Staff

Events are run entirely by club members of Team WORC and their small but dedicated team of helpers. There's a lot to do to make the event a success. Please read the following document for your safety and the benefit of the organisers. Thank you and enjoy the day.

Registration

Event Registration opens on line up to two weeks before each event on the Supercross Cup Facebook page: "[Specialized](#) Ireland Supercross Cup". Event Registration usually closes two days before the event. Only underage riders and Ladies can register and pay on the day for their races.

Senior riders (excluding senior A) can buy a one day licence at the registration tent if they do not have a C.I. (Cycling Ireland) racing licence. One day licences cost €15 for seniors and are subsidised for underage riders.

Race Fees

Category	Individual Online	Series Entry (all four rounds)
Underage (U6-U12)	5euro	n/a
Underage (U14 & U16)	10euro	n/a
Junior	10 euro	n/a
Senior B	25 euro (with 2019 Licence)	90
Women	25 euro (with 2019 Licence)	90
Senior A ¹	25 euro	90
One Day Licence ²	15 euro	n/a

Note: Your cyclocross racing age is determined as of December 31, 2019.

¹ No one day licences accepted for Senior A riders, A riders must have C.I. licence

² Senior B and Ladies riders without a C.I. licence will need to buy a one day licence

Race Day Sign-On

Registration/Race sign-on will take place in the National Basketball Arena, starting from 9.00am. Sign on closes 30 minutes before the A race starts.

Please bring your 2019 Cycling Ireland licence. This must be presented at sign on before taking your number. Should you be purchasing a one day licence or an underage/women race entry please bring the correct change with you as change may not be available.

Underage riders must be accompanied by a parent or legal guardian to sign them on. You may only sign on for your own entry and may not pick up someone else's number.

Race Numbers

Your number will remain the same for the four races in the series. Please retain your number for future rounds.

At Tymon Park the number must be worn on the shoulder, which side will be advised at registration.

Timing Chips

The Velcro strap timing band must be worn on your ankle or wrist and must be returned at the end of the race. There are two Velcro straps missing since Grange Castle. Please return a strap should you find it in your car.

Parking

Parking is at the National Basketball Arena and is free.

Please park only in designated parking areas and do not park on the main entrance roadway or grass verges.

Team Area Parking

At Tymon Park we ask that all vehicles park in the official car parks.

Race organisers, sponsors and authorised food vendors only will be permitted to park at the race venue.

Equipment Drop Off

For security do not leave any equipment unattended in the technical pits.

All equipment is left at owners own risk.

Please be aware of other course users at all times when moving equipment to the pits.

The Course

The course will be taped out on the day of the event and is usually between 6 and 8 minutes a lap in length (for the winner of the A race), it contains a spiral, forested sections and off camber grassy slopes as well as some mud.



Figure 1 : The Spiral

Pit Lane

Pits will run in both directions. There are no bike wash facilities available at Tymon Park.

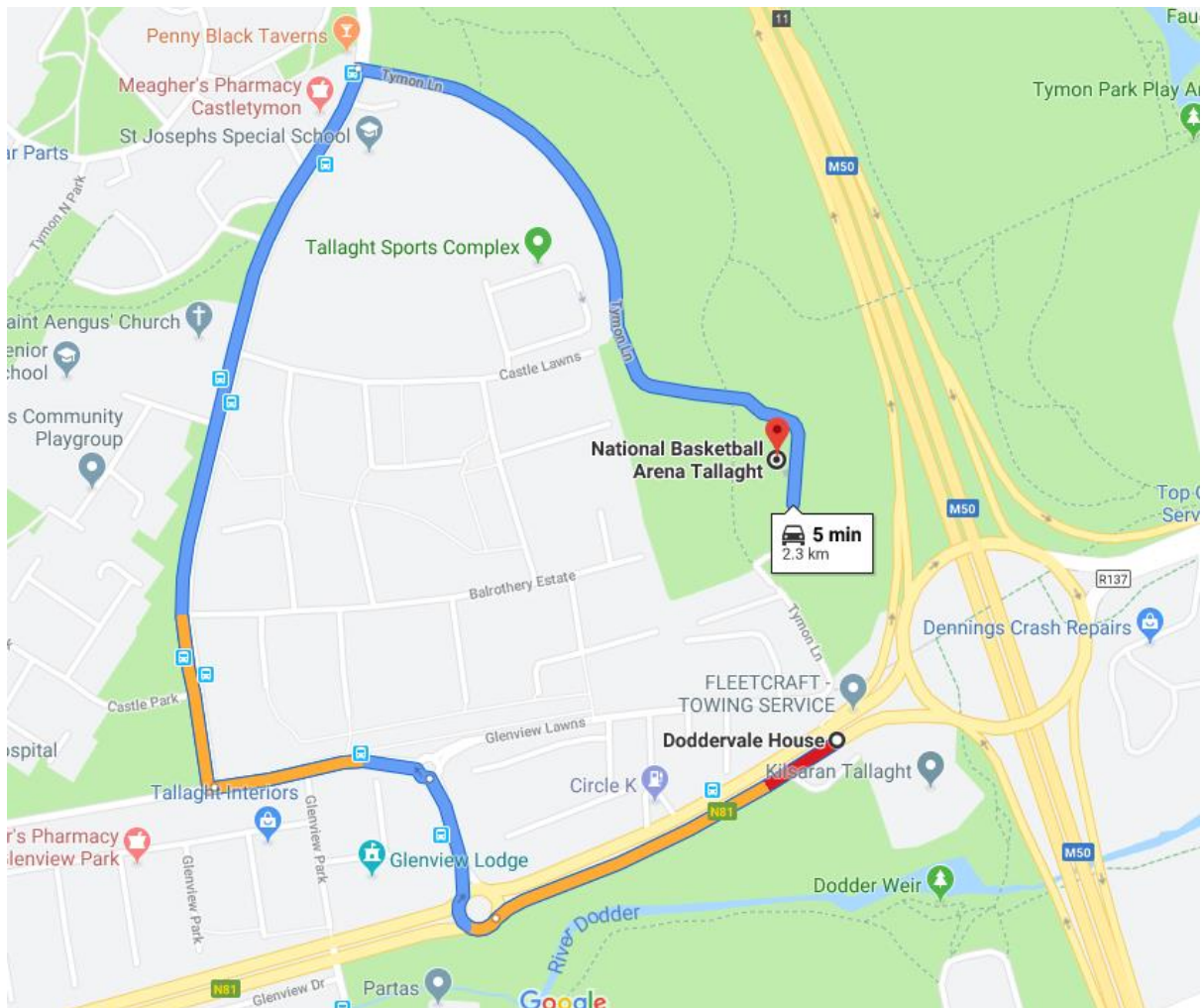
Riders must supply their own bike washing equipment. Pits are for support personnel and spare equipment only. Spectators are asked to leave the pits during races.

Race Venue

The National Basketball Arena is located off the N81 adjacent to Tallaght.

Take the Junction 11 exit from the M50 signposted Tallaght, at first roundabout take 2nd exit, at next roundabout take 1st exit onto “Main road”, at lights turn right onto “Castletymon Road” and the National Basketball Arena entrance is on your right hand side after approximately 700m or at the following link:

<https://goo.gl/maps/dmNXpKNp2rSKWSuV7>



Race Date and Schedule

The race will take place on Sunday the 6th of October 2019.

Sign on will open at 9:00am and closes 30 minutes before the start of the last race.

You must be signed on and wearing a helmet to practice on the course.

Race Schedule

Time	Event	Race Length
09:00	Sign on Opens	
09:45	U6 race – medals for all racers, dedicated course	5 minutes
09:55	U8 race – medals for all racers, dedicated course	5 minutes
10:00	U10, U12, U14 race – modified version of main course	10 minutes
10:30	U10,12, 14 prize giving, top 3 boys and girls	15 minutes
10:35	Main Course Practice, with minor restrictions	
11:15	Call up : Ladies, U16 girls	
11:30	Ladies Race, U16 girls Start	Ladies 45 minutes 30 minutes U16 girls
12:20	Prize giving for Ladies, U16	
12:20	Call up : B race, U16 boys	
12:30	B race, U16 boys start	50 minutes for B 30 minutes U16 boys
13:25	Prize Giving for B race, U16	
13:35	Call up : A race	
13:45	A race start	60 minutes
15:00	Prize giving	
15:30	Event closes	

Awards

Award ceremonies will be held within 5-30 minutes of the end of the applicable event. All protests must be made within this time frame after which time all results are FINAL.

Points for the Series

All riders who finish a race will receive points towards their series total. Your series total is the sum of your race points from the 4 races. The breakdown of the points awarded is shown below.

Place	Points	Place	Points
1st	60	31st	20
2nd	55	32nd	19
3rd	51	33rd	18
4th	48	34th	17
5th	46	35th	16
6th	45	36th	15
7th	44	37th	14
8th	43	38th	13
9th	42	39th	12
10th	41	40th	11
11th	40	41st	10
12th	39	42nd	9
13th	38	43rd	8
14th	37	44th	7
15th	36	45th	6
16th	35	46th	5
17th	34	47th	4
18th	33	48th	3
19th	32	49th	2
20th	31	50th	1
21st	30	51st	1
22nd	29	52nd	1
23rd	28	53rd	1
24th	27	54th	1
25th	26	55th	1
26th	25	56th	1
27th	24	57th	1
28th	23	58th	1
29th	22	59th	1
30th	21	60th +	1

Gridding at Round 2

Gridding for round 2 is based upon the results of round 1 held in Grange Castle. The top 20 riders only will be gridded. The winner of the B race is promoted to the A race for the remainder of the series.

Gridded riders will be called 10 minutes prior to the start. Please observe at least 20 metres gap from the start line to allow riders to take their allotted grid placings.

Once called move quickly to your grid position. In the event you miss your call-up you will start with the ungridded riders.

(Round 3 grids will be based upon the series points from Rounds 1 and 2 combined)

Tymon Grids

Specialized Supercross Cup A Race		
Name	Race Rk	Points Round 1
Paul O'Reilly	1	60
Robin Seymour	2	55
Paidi O'Brien	3	51
Richard Maes	4	48
Gavin O'Connell	5	46
Tim O'Regan	6	45
Lee Harvey	7	44
Adam McGarr	8	43
Kevin Keane	9	42
Eoin Ahern	10	41
Ronan O'Flynn	11	40
John Doris	12	39
Richard Barry	13	38
EVan Ryan	14	37
Ruairi Coghlan	15	36
Dean Harvey	16	35
Aaron O'Donohue	17	34
Barry Meade	18	33
Peter O'Farrell	19	32
Patrick Clifford	20	31

Specialized Supercross Cup Ladies		
Name	Race Rk	Points Round 1
Lisa Stapelbroek	1	60
Niamh Mckiverigan	2	55
Maeve O'Grady	3	51
Arron Fox	4	48
Stephanie Roche	5	46
Joanna Bula	6	45
Beata Golczak	7	44
Niamh Stephens	8	43
Sally McHugh	9	42
Eve Furlong	10	41
Lorraine Byrne	11	40
Natalie Grieve	12	39
Laura Banfield	13	38
Sarah Stapleton	14	37
Sasha Gannon	15	36
Julie Egan	16	35
Caroline Storey	17	34
Gilian Carthy	18	33
Karen Deasy	19	32
Sharon Kennedy	20	31

Specialized Supercross Cup B Race		
Name	Grid	Points Round 1
John McGettigan	1	55
Allen Slevin	2	51
Robert Reidy	3	48
Stuart Cox	4	46
Philip Hayden	5	45
Gabriel Blanco	6	44
Noel Conway	7	43
Jason Howick	8	42
Nick Lannoote	9	41
Sean Ward	10	40
Howie Miller	11	39
Lukasz Oleksiewicz	12	38
Kieran Keane	13	37
Cormac Keogh	14	36
Eoin Stephens	15	35
Joe Jones	16	34
Peter Gaffney	17	33
Michael O'Reilly	18	32
Scott Stevenson	19	31
Noel Harrington	20	30

Specialized Supercross Cup U16		
Name	Race Rk	Points Round 1
Annie Roche	1	60
Katie Reilly	2	55
Emma Smith	3	51
Ellen Murray	4	48

Specialized Supercross Cup U16		
Name	Race Rk	Points Round 1
Adam Gilsenan	1	60
Conal Scully	2	55
Cian Lenehan	3	51
Ruairi Byrne	4	48
Finn Harris	5	46
Christopher Marshall	6	45
Callum Byrne	7	44
Cillian O'Shea	8	43
Andrew Kelly	9	42
Calum Connolly	10	41

Should I ride the A or the B race?

If you are coming in the top end in the B race you will have no difficulty in competing in the A race and are encouraged to enter the A race in future rounds.

Pulling of Riders

Generally, riders will be allowed to be lapped and will finish on the same lap as the race leader and placed appropriately.

Equipment

Only bikes described in the UCI Equipment section as “Cyclo Cross bikes” may be used in the CX men's B' race, CX women's race or CX men's A' race. The use of radio links or other remote means of communication with riders is forbidden. The use of tyres fitted with metal spikes or screws is not permitted. Bar plugs are compulsory. Bicycles shall be propelled solely through a chain set, by the legs moving in a circular movement, without electric or other assistance.

It is compulsory to wear a protective helmet when racing or training on the course and such helmet must comply with the required safety standards.

All riders shall, when racing, wear a jersey with sleeves and a pair of shorts, possibly in the form of a one piece. By shorts it is understood that these come above the knees. Jerseys without sleeves shall be forbidden. It is also forbidden to wear non-essential items of clothing other than where weather conditions make them appropriate for the safety or health and safety of the rider.

Technical Rules

The Cycling Ireland website has a list of the current rules at the following link;

<http://www.cyclingireland.ie/page/events/technical-rules3/technical-rules>